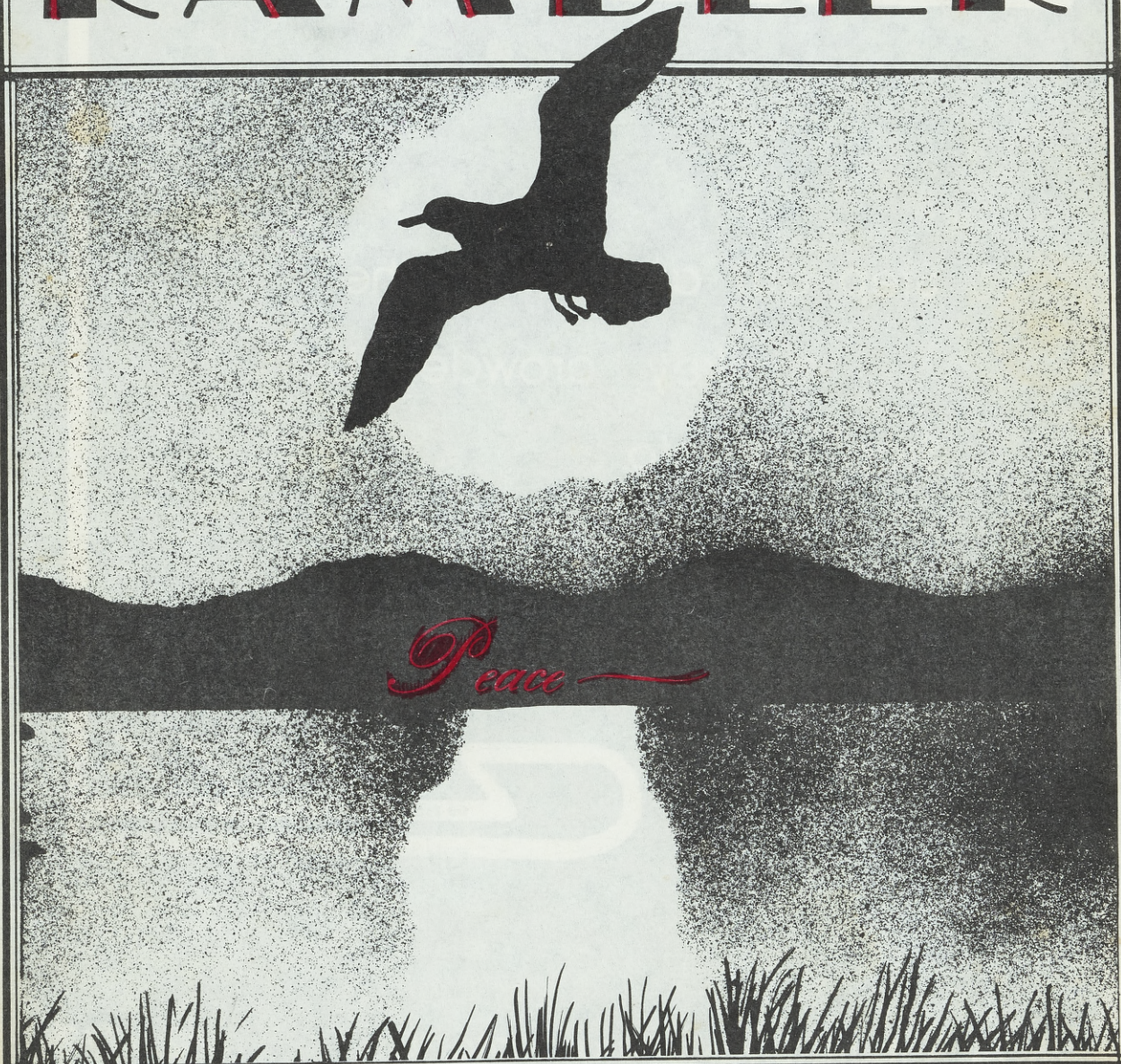


Volume 1, Number 12

Sacramento, California

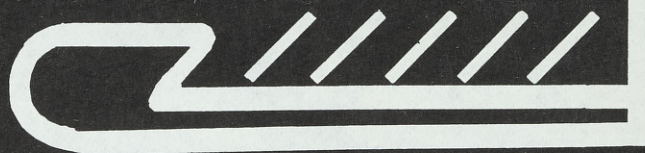
December 1981

RIVER CITY RAMBLER



PARKING LOT

Step out away from the
smokey, crowded bars...
Step out into
THE PARKING LOT.



2804 Auburn Blvd. Sacramento, Ca.

482-7772

RIVER CITY RAMBLER
Magazine

P. O. Box 161241
Sacramento, CA 95816

EDITOR

Rafael Q. Benitez

MANAGING EDITOR

Modette

SPECIAL CONSULTANT

Bob Moore

ART EDITOR

carl berry

TREASURER

Walt Preston

ADVERTISING

MANAGER

Shawn Scanlin

SPORTS EDITORS

Rich Wilkes

Jim Dunham

CONTRIBUTING

EDITORS

Kevin Cohee

R. Guimond

Walt Preston

Jim Dunham

Dave Foreman

Modette

H. Higashiyama

Bill Moore

J. Sanchez

PUBLISHER

R. Lance Robards

EDITOR'S CORNER

Dear Santa:—

This year, I would like to have the following:

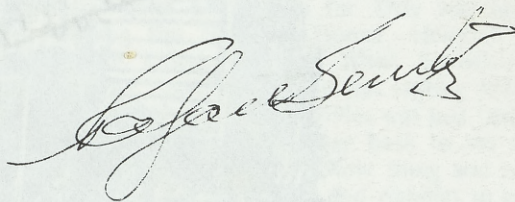
—More love, pride, and cooperation in our community;

—A year where our community's consciousness matures in the political arena;

—A year that the energies and resources of those that work so hard were directed more towards the benefit of the entire Gay community;

A year where all factions, groups, religious organizations, worked hard together, and a Community Center became a reality for Sacramento.

And last, but by no means least, to wish our readers, on behalf of the Rambler staff, its advertisers, and contributing editors, a Happy Holiday Season, and a Prosperous, Loving, New Year.

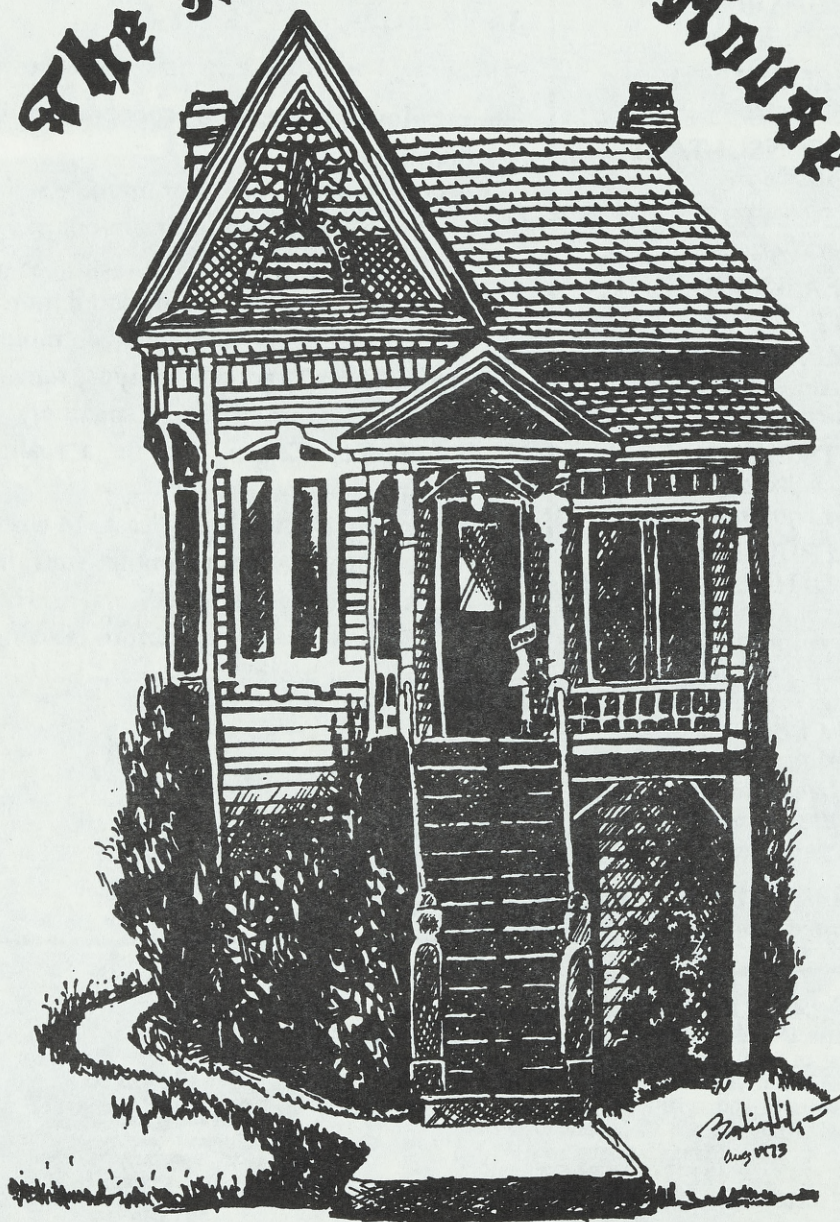


RIVER CITY RAMBLER magazine is published monthly. Deadlines for all contributions is the first of each month. Letters to the Editor, unless otherwise stated, may be published. Names will be printed unless otherwise requested. Letters must be signed, dated, with return address. Contributions are subject to editing. **RIVER CITY RAMBLER** Magazine is not responsible for comments made in articles submitted by other individuals, organizations, and contributing editors.

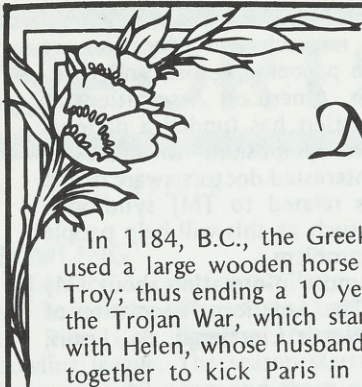
Advertisement price list available upon request. Phone (916) 444-9937 or (916) 444-5571. Advertisers are not necessarily gay owned or gay managed.



The Mercantile House



1928 E St



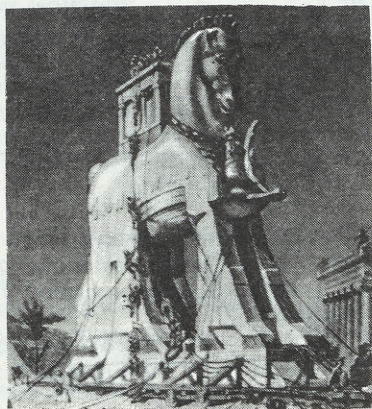
Walt Preston's Nuggets Of Nostalgia

In 1184, B.C., the Greek army led by Ulysses used a large wooden horse to breach the walls of Troy; thus ending a 10 year war. You remember the Trojan War, which started with Paris ran off with Helen, whose husband got 10,000 of his men together to kick Paris in the ass. Honestly, my dears, the violent beings straights can breed. The topless towers of Illium were burned; Helen, whose face launced a thousand ships, was avenged; Paris, her abductor, was killed; Achilles buried his lover Patroclus and was reconciled with Agamemnon; Aeneas and some men left homeless by the war traveled west to found Rome; while Ulysses with *his* men began their 10 year trip . . . er . . . journey back to Ithaca. For 3057 years the City of Troy, site of the Trojan War, was lost to mankind. People came to believe the entire event was just a silly legend made up by Homer to sell books. Then, late in 1873, a Sacramento businessman named Heinrich Schliemann stumbled into the treasure vaults of King Priam; and rediscovered the City of Troy for all the World for all time.

Heinrich was born in Neu Buchow on January 6, 1822. At 27, he followed rugged miners, called "49er's," to California. Now my dears, who among us would not follow *those* rugged miners anywhere. Once in California, Heinrich settled in our own River City and opened a peculiar shop at Second and J Streets to provide a special service for the miners. Anyone can tell you the difficulties entailed in opening a shop for minors even today in downtown Sacramento. Well, my dears, Hein-

rich's miners would bring their gold to his shop; and he would then transport this gold to the Mint in San Francisco. No, silly dears, it was not a bar on Market Street! Naturally Heinrich charged for this service. Everyone got rich: the miners, who did not have to worry about highway abductions on the road to San Francisco, got the full profit from sale of their gold; Heinrich got his fees; and the mint got the gold— all of it! This, of course, was the saving grace for the mint. Why? Well, the mint was going down the tubes due to the fact no one was depositing any gold for safekeeping or whatever. The highway abductors were miffed by this action, but you can't please everyone, my dears.

While handling all this gold, Heinrich developed an insatiable appetite for gold which promulgated his tour of the world in search of it. While on holiday in Asia Minor, Heinrich met a Greek who told him of the Lost City of Troy. For ten years, said the Greek, the city was under siege; however, legends did not speak of who got the Royal Treasure. Yes, my dears, that naughty old King Priam had hidden it. Keep in mind how Heinrich loved gold. The search for Troy was on! After reading the *Iliad* by Homer, Heinrich learned Hector killed Patroclus. When Patroclus' lover, Achilles, heard of this, he was visiting Ajax on his ship. Well, my dears, Achilles was just furious. He chased Hector all the way back to the walls of Troy. Homer saw the whole thing and recorded the time it took Hector and Achilles to get from
(Continued on Page 9)



PHONE 916 371-3660

Continental Motel
BILL AND MALCOLM

SOME KITCHENS • COLOR T.V.
DIRECT DIAL PHONES
LARGE UNITS • BAR-B-Q AREA
POOL



AT JEFFERSON
1432 WEST CAPITOL AVE.
WEST SACRAMENTO, CALIFORNIA
95691

STRAIGHT TALK

on TEETH

A PUBLIC SERVICE
OF THE AMERICAN ASSOCIATION
OF ORTHODONTISTS

STRAIGHT TALK ON TEETH

NEW HOPE FOR TMJ VICTIMS

TMJ syndrome . . . you may have it and not know it. People have suffered from its symptoms for years without knowing what it is and what causes it. Some doctors consider it among the most misunderstood conditions in medicine.

But there is new hope for TMJ sufferers today.

TMJ refers to the temporomandibular joint, located in front of each ear and connecting the upper and lower jaws. If the joint is not working smoothly, it may cause headache, earache or muscle pain in the neck, shoulders and back.

It is agreed that a large percentage of the population suffers from some level of TMJ discomfort. Some people are only mildly bothered while others suffer severely.

TMJ problems differ greatly in their origin, frequently take years to develop and are chronic conditions that usually get worse as the years go by. In some cases, there is evidence that the conditions are hereditary.

What does a crooked or misaligned jaw joint have to do with creating such misery? First, a crooked jaw may create imbalance and extreme pressure on the rotating jaw joints. Pressure causes friction which can break down the muscle, bone and cartilage in the joints. Arthritis and deterioration of the joint may also be contributing factors.

Emotional stress can aggravate the condition particularly if a person grinds his teeth, thus placing tremendous strain on the jaw joints. However, the pain created by that pressure occurs in different areas because the head, neck and shoulders are all interrelated and an imbalance in one area can affect others.

Relief from TMJ syndrome can occur as quickly as a few weeks or treatment may take many months, requiring a team effort of specialists. But in all cases, the future of TMJ syndrome victims is much brighter due to the recent advances in diagnosis and treatment procedures.

Because ongoing research and education are needed to ensure the proper diagnosis and treatment of TMJ, The American Association of Orthodontists Foundation has funded a national continuing education symposium to make its members and other interested doctors aware of the most recent findings related to TMJ syndrome. Education programs such as this will help people who suffer from this problem.

If you would like more information about TMJ syndrome, write to The American Association of Orthodontists, 460 North Lindbergh, St. Louis, MO 63141.

OLDER DOGS MAKE TERRIFIC PETS

You can't teach an old dog new tricks—or can you?

Pet experts say that older dogs can make ideal pets for youngsters, senior citizens and working people. And, like pups, they can be more than eager to please and love their owners.

Mature pets also can offer many added bonuses:

- They are housebroken.
- They already have learned good obedience habits.

EXTRA — EXTRA — EXTRA!

Coming up in 1982, the **RIVER CITY RAMBLER** will be sponsoring a City-Wide Pinochle Tournament, and a Photo Contest. Keep your eyes in our future issues.

* * *

"Based on its record, the conservative New Right has an odd table of values. Its list of priorities seems to: 1. Profit; 2. Unborn babies; 3. People who are already alive."

Bill Mandel, columnist
San Francisco Examiner

SPORTS

by: Rich Wilkes

BOWLING

January is just about here and that means another winter of bowling at Land Park Bowl with the River City Bowlers, the nation's largest gay bowling league. The season starts on the third of January at 12 noon and there will be a 32 team limit. It's first come, first served but if you don't make the first 32, there are 22 lanes reserved from 3 to 6 p.m. It will be a different league with its own set of officers. If you wish to join either league, contact Vic between 6 and 8 p.m. at 441-4170.

The Sunday Swingers are still going strong as the first half of their season winds down. After the 20th of December the Swingers will take a two week break and resume bowling on the 10th of January, 6 p.m. at Alhambra Bowl. I'm not sure, but there might be some openings for the second half, so if you want to bowl a little later in the afternoon, check with Alhambra Bowl and ask about the Sunday Swingers. The standings as of the week of the 6th of December were as follows:

- | | |
|-----------------------|-------|
| 1. Hole In One | 31-13 |
| 2. Friends of Dorothy | 29-15 |
| 3. Youallcome | 29-15 |
| 4. The Sly 5 | 28-16 |
| 5. Head Pins | 26-18 |
| 6. Tally Wackers | 25-19 |
| 7. Dot's Five | 24-20 |
| 8. Rockettes | 23-21 |
| 9. The Good Luck Gang | 23-21 |
| 10. Spare Us, Please | 19-25 |
| 11. G & G's | 18-26 |
| 12. Bushwackers | 17-27 |
| 13. Toy's "R" S&M | 17-27 |
| 14. Sit On My Face | 15-25 |
| 15. She's Not Here | 15-25 |
| 16. No Splits, Please | 5-35 |

PINBALL

Remember the weekly Pinball Tournament on Monday nights at the Wreck Room. There are a couple of new machines, so if you are not into Monday night Softball, go check it out.

ROLLER SKATING

If you think you can keep your derriere off the hardwood (and even if you can't), check out King's Skate Country at Watt and Arden Way on Thursday nights from 8:30-10:30 p.m.

ARM WRESTLING

If you didn't get black and blue roller skating, get over to the Wreck Room and try your hand at Arm Wrestling. It starts every Thursday night at 10:00 p.m.

In closing, Jim Dunham and myself, Rich Wilkes, would like to take this opportunity to extend to each and every one of you the happiest of holidays and we'll see you Next Year!

For all of you Sports Fans, below is a quick quiz on sports:

WHAT'S YOUR SPORTS I.Q. ??

1. Who won the first Heisman trophy?



1. In 1935, the award went to University of Chicago back Jay Berwanger.

(Continued on Page 12)

The Black & White Photo Lab

3271 Folsom Boulevard
Sacramento, California 95816
455-5203

THE LAW AND YOU!

By: Philip Hoskins
Attorney at Law

When you have at last found that man or woman for you and take those scary steps towards a relationship, you are likely to avoid or overlook a very important item. Do you have a clear understanding of who will own the things you buy while together?

Heterosexual couples are bound by a very elaborate set of laws regarding their earnings and property. Since gays and lesbians are not permitted to marry under California law, none of these laws apply. Without a specific agreement about these issues, the law will regard the two of you as strangers and the result is usually quite different than you had expected.

For many, a discussion of money and property issues before starting a relationship is avoided for fear that it will look like one or both are just in it for the money. Not only is this unwise legally, it is also providing a dangerous weakness to the relationship. At some point, the issues must be faced — either during or at the end of the relationship. At either point it is more likely to cause arguments and unhappiness than if done at the beginning.

While a written agreement is best, there should at least be a verbal understanding of what is to be done with property owned before the relationship, who will own what share in that bought during the relationship, and what will happen if it ends through "divorce" or death.

Through the years, gays have also dealt with this problem by writing wills, forming legal partnerships and by adoption. Especially if the amounts of money or property are significant to you, the help of an attorney can be essential in correctly stating what you agree should happen. You may also need professional guidance as to what the law is regarding specific items or transactions.

Whether a lawyer is consulted or not, you can simply write in your own words what you and your partner agree to. It may not be flawless, but it is better than relying on memory or having no agreement at all. The one danger to avoid is any mention of sexual behavior as a factor in the agreement — the courts refuse to enforce an agreement that calls for the performance of sex as a condition.

I strongly urge those of you now in a relationship or thinking of forming one to fully and openly discuss money and property with your mate and don't give up until you know what the expectations of each is.

(As a public service to the community during these holidays, we reprint the following article previously published in our November issue):

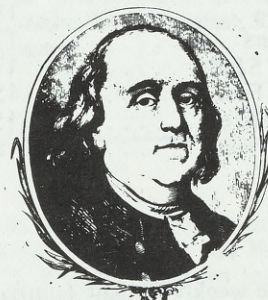
As of January 1, 1982, the chances that you will spend time in jail if you drink, smoke or pop and drive are much increased. On that date, new laws will not only lower the level at which one is presumed to be under the influence, but also the penalties are stiffer.

The new **minimum** penalty in all cases of conviction will be 48 hours in jail and \$375.00 with no exceptions. Persons with a previous conviction must spend at least 10 days in jail plus a fine. The new law also calls for suspension of severe restriction on drivers licenses upon a conviction of driving under the influence of drugs or alcohol.

In the past, judges have moderated increasingly severe penalties by granting probation and suspending sentence. The new law ends this practice to some extent by requiring jail time even if probation is granted.

In the most severe cases— those with two or more prior convictions and injuries— the new minimum penalty is one year in jail and a fine of up to \$5,000.00.

It is unclear whether lawyers will find and judges will observe ways around the full effect of the new law. It is clear that the legislature's declaration of war on drinking drivers makes even one beer before driving very risky.



"The world is now too dangerous for anything but the truth, too small for anything but brotherhood."

— Adlai Stevenson



Capitol City Squares takes Los Angeles by storm

NUGGETS OF NOSTALGIA

(Continued from Page 5)

the sea to the city's walls. With a 3,000 year time lapse, Heinrich guessed the seacoast had changed; the Greek computed where the seacoast actually was in 1184, B.C. Heinrich simply used Homer's *Iliad* to calculate the distance between Troy and *that* ancient seacoast. Heinrich constructed a chariot which he drove as Achilles had done three millennia earlier. Following Homer's directions, Heinrich stopped his horse, left his chariot, started digging, and guess what? Yes— found the Crown Jewels of Priam. Of course, sillies, they were gold, what else?

Well, my dears, all I have to say about the Trojan War is "Helen's face may have launched a thousand ships; but Paris had the ass that launched 10,000 men; and Heinrich Schliemann from Sacramento found where it all happened."

Yes, my dears, Sacramento does have a sensational saga to sing.

* * *

CAPITOL CITY SQUARES

Sacramento's first gay square dance club, the Capitol City Squares, has gotten off to a rousing start. The group was started in August, 1981, by Mr. Gay Cowboy, Tom, Ms. Gay Cowgirl Mod, and Miss Gay Cowgirl Randy. Since then, its growth has been guided by Carl and the Tuesday night sessions now draw more than 50 people. All the members thank the Parking Lot for their wonderful support.

Recently, an exhibition group of square dancers appeared at the Los Angeles Court Coronation and plans are in the works for more appearances.

The club's officers are: Ed Chaney, president, Tom Corbin, Vice President, Marty Machado, Treasurer, and Rick Koenig (Louise), Secretary. Colors for the club are white shirts with blue scarves for the leads and red scarves for the partners.

A new beginners class will start in February, so those of you who have seen them dance and want to learn how can plan on joining us then.



The world's smallest and oldest republic is the tiny country of San Marino, officially titled Most Serene Republic of San Marino. It has remained independent for some 1,600 years.

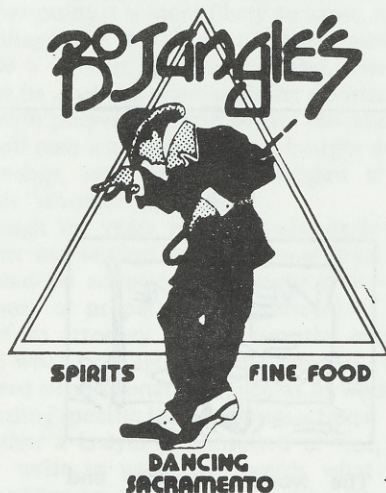
THE ACTIVE CONSUMER

Save Money by Avoiding These Common Insurance Myths



The major types of life insurance purchased by individuals are whole life and term. Both provide useful and valuable protection, but the nature of whole life insurance is sometimes misunderstood. People are often misled as a result, occasionally to their disadvantage. The following may prove helpful in better understanding the protection available.

THURSDAY NIGHT SPECIALS



SACRAMENTO GAY BAR EMPLOYEES

NO COVER — ONE FREE DRINK

50c a drink thereafter

(GAY BAR OWNERS WELCOMED TOO)

Myth No. 1 — The cash value of a whole life policy is a savings account.

Fact: This is not true. Whole life insurance provides protection for the whole of life at level premium rates. In the early years the "overpayment" of premiums creates reserves to offset the premium deficiency in latter years. Those reserves are withdrawable (as cash values) by the policyholder who chooses to terminate the arrangement. Policy reserves are not savings plans. They are simply an essential part of the company's preparation for paying the claim that becomes increasingly imminent as the years go by.

There are better savings plans than life insurance, but for those individuals who want to provide protection for loved ones in case of premature death, life insurance has no rival; it stands alone as a magical financial instrument.

One of the myths about life insurance is that your whole life policy can often be replaced advantageously by another policy, either whole life or term. Always be wary of replacement suggestions.

Myth No. 2 — A policy loan calls for paying interest on your own money.

Fact: Not at all. A policy loan does not involve the withdrawal of the cash value. The policy is simply used as collateral, as security, for a loan, without impairment of the reserve monies in the policy.

While the loan continues outstanding, full policy reserve continues to grow exactly as scheduled in the policy. A policy loan is an investment made by the company in the form of a loan to one of its insureds, rather than to some corporation in the form of a mortgage or a bond. Interest is set contractually in the policy, and comes to the company exactly as it would if the same funds were invested elsewhere.

Myth No. 3 — Companies and Agents are not interested in selling term insurance.

Fact: The record says otherwise. More than 33% of individual life insurance sold each year is term (and virtually all group insurance is term).

Myth No. 4 — Whole life policies should be replaced by term insurance policies.

Fact: A policyholder should be wary of any replacement suggestion, and particularly the suggestion that a permanent whole life policy be surrendered and term insurance purchased in its place. This is actually suggesting that the level premiums and continued coverage for the whole of life be replaced by ever-increasing premiums and essentially temporary coverage. Moreover, the costs of underwriting and issuing a policy are incurred again.



spotlight on health

LIFE-SAVING FACTS FOR WOMEN

Breast cancer will afflict one in 13 American women at some time during their lives, according to the American Cancer Society. Yet, results of a recent survey conducted by that same agency show that women generally underestimate the importance of breast cancer's early detection.

According to the survey, only three out of 10 women are aware that when breast cancer is found in its early, localized stages, the cure rate is 85 percent, contrasted to a 57 percent survival rate once the cancer advances to the lymph nodes.

Early detection saves lives, and the best protection is a program of regular breast self-examination and checkups, including mammography.

Mammography is currently the most effective means of finding early cancer, often up to a year before a lump can be felt by a woman or her physician. Now magnification mammography, an important new procedure made possible through the introduction of a unique Microfocus X-ray system developed by Pfizer/Radiologic Sciences Inc., can provide earlier and more accurate diagnosis of breast cancer. Thus, when magnification mammography is used to back up conventional contact mammography, it can reduce the number of equivocal cases which helps lower the incidence of benign biopsies.

Despite mammography's effectiveness, however, many doctors are reporting that a significant number of women turn down the procedure, even when a lump or other breast cancer symptom exists.

Linking this attitude to unfounded fears resulting from recent controversies about mammography, Dr. Edward Sickles, Assistant Professor of Radiology at the University of California, San Francisco, points to a need for dissemination of accurate information to help women make responsible decisions about this diagnostic tool.

"Today, low-dose mammography uses a substantially lower X-ray dosage than was required three years ago," Dr. Sickles said. "Any X-ray procedure involves a theoretical risk. But medical consensus has always been that for women with breast cancer symptoms or those who have a high risk of developing breast cancer, the benefits of low-dose mammography far outweigh the risks."

Women who have a personal or family history of breast cancer are classified as having a high risk of developing the disease.

Since the incidence of breast cancer increases after age 35, and is most pronounced after age 50, Dr. Sickles recommends that women have their first, or base line, mammogram between the ages of 35 and 40. This establishes a pattern against which subsequent X-rays can be compared. The frequency of follow-up mammograms will be determined by individual risk factors and the appearance of breast tissue in the initial mammogram.

In instances when a contact mammogram is not detailed enough for a radiologist to make a decisive diagnosis, magnification mammography can be helpful.

In tests, Dr. Sickles conducted with the X-ray system at the University of California at San Francisco, magnification mammography increased the accuracy of diagnosis by 40 percent over conventional contact mammography.

"Often conventional mammography does not show sufficient detail for a radiologist to definitely diagnose a tumor as malignant or benign, so a biopsy is necessary. Now, when a contact mammogram appears equivocal, we can use magnification mammography as a 'second opinion' before proceeding to biopsy," Dr. Sickles explained.

Since magnification mammography produces images that are so detailed and sharp, it can detect masses too small to be imaged clearly in a contact mammogram and can frequently differentiate between benign and malignant growths which appear equivocal in contact mammography. By increasing the accuracy of diagnosis, it reduces the number of equivocal cases, and thus lowers the number of biopsies.

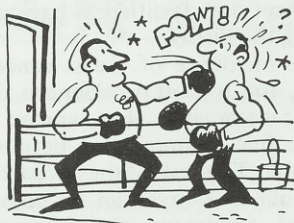
"Magnification mammography is particularly helpful for the women whose conventional mammograms do not give a clear indication of either a benign or malignant condition. Since four out of five biopsies turn out to be benign, magnification mammography stands to benefit a significant number of women," Dr. Sickles concluded.

* * *

Sports

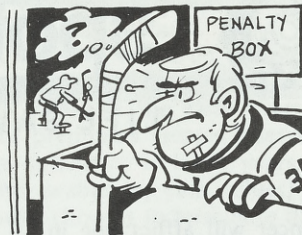
(Continued from Page 7)

2. Who was the first World Heavyweight champion?



2. John L. Sullivan in 1882.

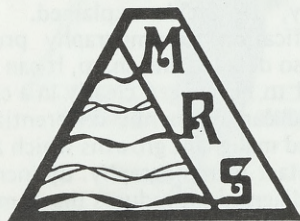
3. The 1975-76 Philadelphia Flyers served 1,980 minutes in the penalty box.



3. Which National Hockey League team was the most penalized in a season?
4. How many times did Roger Maris lead the American League in home runs?



4. Only once, when he lead the American League with 61, a record that still stands.



MIKE'S REFRIGERATION SERVICE

REPAIRS TO REFRIGERATORS, FREEZERS
AND AIR CONDITIONERS

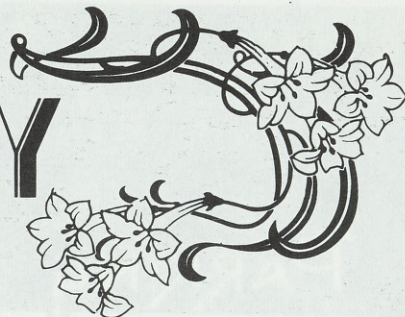
State License
No. 036034

455-6540

4100 21st Street
Sacramento, CA



POETRY



WORDS

by: Digette

Words can cure
as those of a mommy
to her little son
to stop the paint of a skinned
knee.

Words can push one to ecstasy
as those of a lover
to his beloved
in a passionate endeavor.

Words can build confidence
as those of a teacher
to the shy pupil
in a praise of work well done.

Words can destroy
as those from the jealous
about an active person
who had guts enough to try
something new.

Words can hurt
as those who give friendly advice
to those
that cannot do anything about
it at this time.

Think hard on your words
before you venture to speak
for ALL of us have been
a mommy, a lover, a teacher,
a jealous person and a friend.

The more thought you give
to the words you want to spread,
the more happier you will be
and all those that you see.

It takes many grains of sand
to build
but it can only take one word
to destroy.

Let's build our castles and
assist others who try
By giving each one a chance
for completion.

PARKING LOT

Monday Night Football

Square Dancing Tuesday

Wednesday Night with "Angel Fox"

Live Disco Friday & Saturday Nights



2804 Auburn Blvd. Sacramento, Ca.

482-7772

BAR GUIDE

BOJANGLES

Under 21 allowed — Disco - Game Room - Food - Patio. Beer and Wine & Soft Drinks. — I.D. required.

BROADWAY LTD.

Corner of 20th & Broadway on Broadway. Dancing - Restaurant - Pool Table - Juke Box - Full Liquor. I.D. required.

CLUB 21

On 21st street between L and K Streets. Pool Table - Piano Bar - Food (certain hours) - After Hours Food - Full Liquor - Good Taped Music. Open 6 a.m. Friday and Saturday - I.D. required.

HUT

Disco - Open Friday and Saturday only. Full Liquor. I.D. required.

MERCANTILE

Corner of 20th and L Streets - Conversational Bar - Fireplace - Food during Bar Hours - Juke Box — Full Liquor.

PARKING LOT

Country Club setting - Swimming Pool (Olympic Size) - Volley Ball - Tennis - 3 Separate Bars - Disco/Piano Bar - Lounge — Occasional Food - Full Liquor. 482-7772

WRECK ROOM

On 20th between J and I Streets. Levi/Leather-Western - Pool Table - Game Room - Taped Music - Beer and Wine - Movies on Sundays.



The drum is the most widespread, sacred and ritually significant of all musical instrument.

WHO IS WHO & WHAT

Associations, Capitol City Contacts, Organizations and River City Resources:

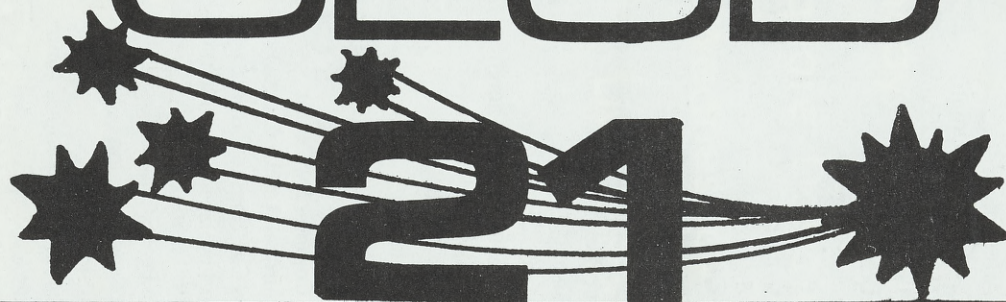
Alcoholics Anonymous	443-8138
American Civil Liberties Union	956-3339
Aquarian Effort	446-6467
13th and O Streets	
CSUS Gay People's Union	454-6595
CSUS Women's Center	454-6817
Dignity	448-3777
Fruitridge Democratic Club	454-2176
George Sand Community Benefit Fund	381-3115
Great Northwest Imperial Empire, Inc.	448-2255
Human Rights Commission	444-6903
Lady Garnet Presents	371-2474
Legal Aid Society	451-2804
Man Two Man	457-1425
Metropolitan Community Church	454-4762
Mom ... Guess What!	456-5858
Our River City Family	927-6524
River City Rambler	444-9937
Rape Crisis Center	447-4657
River City Business Assn.	456-5858
River City Community Center	448-2255
SacPAC (Political Action Caucus)	457-7489
Sacramento Gay Speakers Bureau	452-0721
Sacramento Lesbians & Gay Mental Health Professionals	447-2282
Sacramento Peace Center	446-0787
S.C.C. Gay Peoples Union	447-5491
S.D.A. Kinship	447-1093
UCD Lesbian and Gay Peoples Union	1-753-2090
Young Adult Rap	927-6524
Valley Knights Motorcycle Club	920-3429

CLUB

On 21 st.

between

K & L

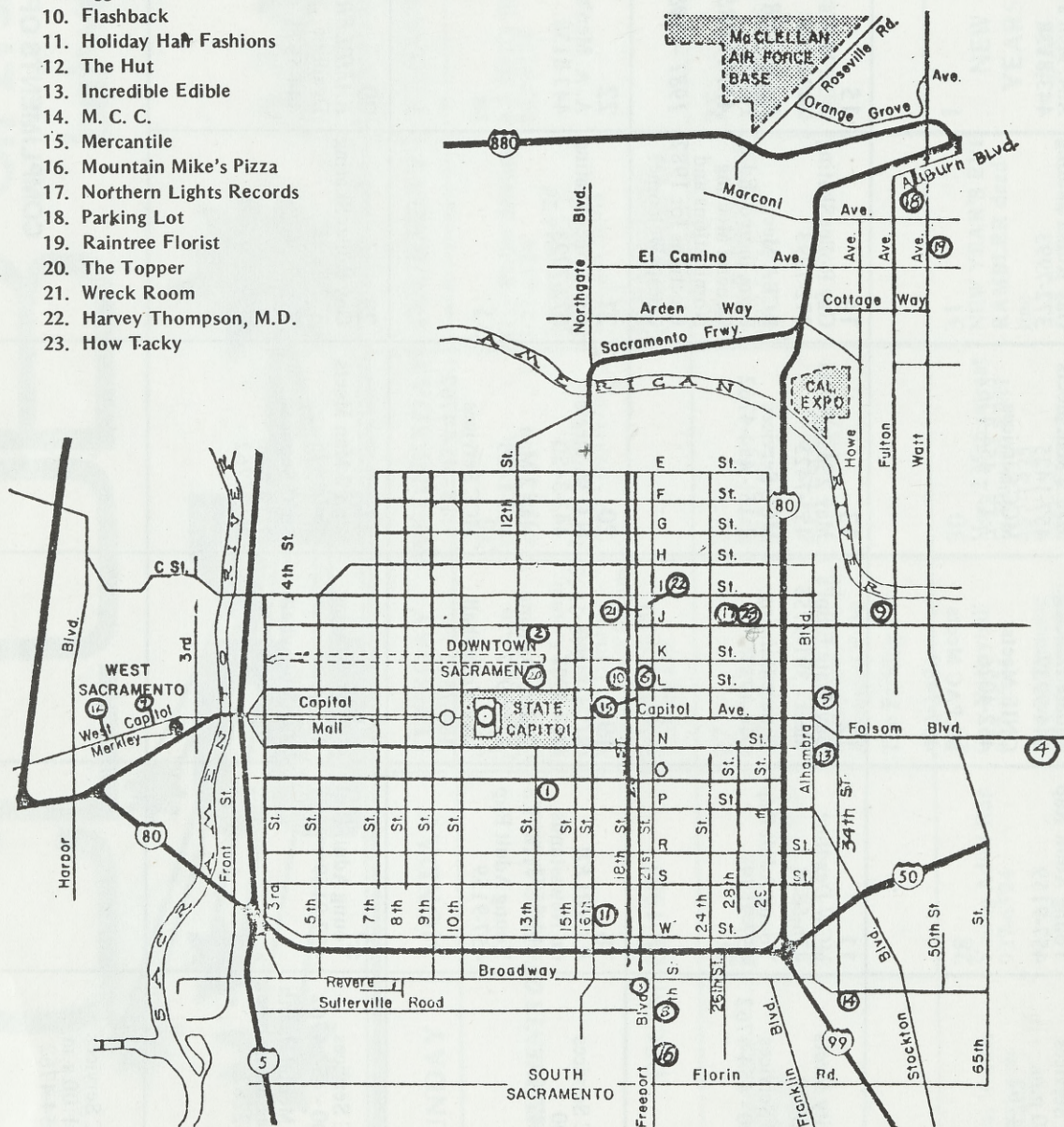


444-2121

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
COMPLIMENTS OF THE RAMBLER DECEMBER 1981		15 Gay Volleyball 927-6524 River City Comm. Ctr. Mtg. 448-2255 Square Dancing Beginners 7:00 pm Advanced 8:00 Parking Lot	16 Man 2 Man 457-1425 MCC Services 7:15 - 454-4762	17 Gay Roller Skating 927-6524 Sacramento 2d city in Calif. to have gas lights 1855 RCBA Christmas Party, Parking Lot	18 AA Men's Stag 443-8138	19 Women Over 35 Potluck 371-3496 Snow White Champagne Ball for Women 456-5858 ORCF Potluck
20 MCC Services 11:00 a.m. 454-4762	21 Hannukkah Young Adult Rap 927-6524	22 Gay Volleyball 927-6524 Square Dancing Beginners 7:00 pm Advanced 8:00 The Parking Lot	23 Man 2 Man 457-1425 MCC Services 7:15 454-4762	24 Gay Roller Skating 927-6524	25 Christmas Day CSUS GPU Christmas Dinner	26 Happy HOLIDAYS !
27 Mental Health Professionals Meet - 966-5116 MCC Services 11:00 a.m. 454-4762	28 Young Adult Rap 927-6524	29 Gay Volleyball 927-6524 Square Dancing Beginners 7:00 pm Advanced 8:00 The Parking Lot	30 Man 2 Man retreat to Russian River 457-1425 MCC Services 7:15 p.m. 454-4762	31 NEW YEAR'S EVE RAMBLER dead- line Gay Roller Skating 927-6524	1 NEW YEARS DAY 1982!! JANUARY 1982	2 Bible Rap 457-9159

3 MCC Services 11:00 p.m. 454-4762	4 Young Adult Rap 457-9159	5 Square Dancing 444-9937 GNIE Meets 452-4026 SacPAC Meets 457-7489	6 Man 2 Man Meets 457-1425 MCC Services 7:15 - 454-4762	7 Gay Roller Skating 372-7993	8 A.A. Men's Stag 443-8138	9 SDA Potluck 447-1093
10 Dignity Meets 442-3779 MCC Services 11:00 - 454-4762	11 MGW Deadline 456-5858 Young Adult Rap 457-9159	12 Gay State Empl's Meet - 391-9755 Square Dancing 444-9937	13 May 2 Man meets 457-7425 MCC Services 7:15 - 454-4762	14 Gay Roller Skating 372-7993 RCBA Meets 8 pm Incred. Ed'b. General Meeting Nominations and Elections for 1982 Guests Welcome!	15 A.A. Men's Stag 443-8138 RAMBLER FIRST ANNIVERSARY 1981 - 1982	16 Women Over 35 Potluck 371-3496
17 MCC Services 11:00 454-4762	18 RAMBLER on Newsstands 444-5571 Young Adult Rap 457-9159	19 RC2C Meets 967-3986 Square Dancing 444-9937 Gay Volleyball 484-7812	20 N.O.W. Meets 443-3450 Man 2 Man 457-1425 MCC Services 7:15 - 454-4762	21 Ray Roller Skating 372-7993	22 A. A. Men's Stag 443-8138	23 Bible Rap 457-9159
24 MCC Services 11:00 - 454-4762 Gay Mental Health Professionals meet 447-2282	25 Young Adult Rap 457-9159	26 Square Dancing 444-9937 Gay Volleyball 484-7812	27 Man 2 Man Meets 457-1425 MCC Services 7:15 p.m. 454-4762	28 Gay Roller Skating 372-7993	29 RAMBLER Deadline 444-5571	30 Our River City Family Monthly POTLUCK 441-2475
31 MCC Services 11:00 a.m. 454-4762				COMPLIMENTS OF THE RAMBLER		

1. Aquarian Effort
2. Big John's
3. Broadway L.T.D.
4. BoJangles
5. Black & White Photo Lab
6. Club 21 & 21 Plus Restaurant
7. Continental Motel
8. Duffy's Cleaners
9. Egg Crate
10. Flashback
11. Holiday Hair Fashions
12. The Hut
13. Incredible Edible
14. M. C. C.
15. Mercantile
16. Mountain Mike's Pizza
17. Northern Lights Records
18. Parking Lot
19. Raintree Florist
20. The Topper
21. Wreck Room
22. Harvey Thompson, M.D.
23. How Tacky

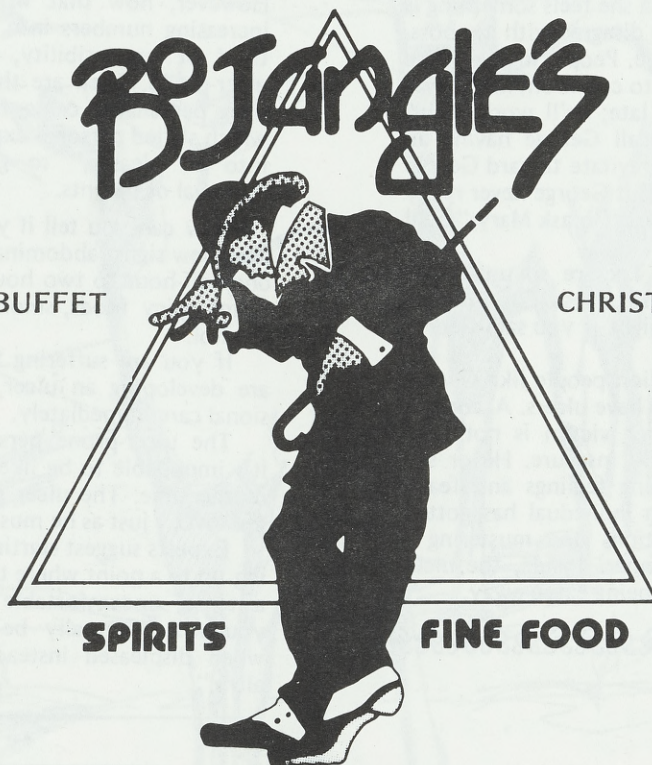


Merry Christmas & Happy 1st

Bo Jangles

CHRISTMAS EVE BUFFET

CHRISTMAS EVE PARTY



SPIRITS

FINE FOOD

**DANCING
SACRAMENTO**

*Robert
V. De Brown*

NEW YEAR'S EVE PARTY

OPEN

Tuesday—Sunday, 6:00 p.m.—2:00 a.m.

HEALTH VIEWS

NOT BEING ABLE TO SAY "NO" MAY BE EATING YOU UP ALIVE!



Mary is quick-moving. Her gestures are to abrupt; she is forever spilling coffee onto her newly-purchased silk blouse. Mary releases tension on the spot by yelling when she feels something is wrong. She is not afraid to disagree with her boss.

Contrast Mary to George. People in the office like George. He is someone to count on; he'll never say no. He'll always stay late; he'll work Saturdays. No one can ever recall George having an argument. In fact, people gravitate toward George to talk out their problems. But George never really commits himself on an issue. "Go ask Mary," he'll say.

You know them well. They're so unlike in their methods of dealing with stress. Can you tell who has an ulcer? You're right if you said George has the ulcer.

There are about 15 million people like George in this country, people who have ulcers. According to recent studies, the ulcer victim is not only introverted, but emotionally insecure. He or she experiences many conflicting feelings and fears. Most importantly, such an individual has gotten used to bottling up emotions and mustering a confident, "laid-back" manner. Inside, the ulcer victim's insides are literally being eaten away.

An ulcer is, quite simply, an open sore. Ulcers are usually located either on the walls of the stomach or on the wall of the duodenum, a section of the small intestine which leads out of the stomach. Although an ulcer is not much bigger than the head of a match, it feels more like it's the size of a large cantaloupe. And a flaming cantaloupe at that. Ulcers develop over a period of time due to excessive secretion of digestive juices. When stress or tension lasts for a period of months or even years, the digestive juices work overtime. They finish by damaging the stomach or the intestinal lining in some way, thus producing a weak spot. The ulcer has been born.

Men get ulcers far more often than do women. However, now that women are moving in ever increasing numbers into executive slots and positions of responsibility, they, too, are becoming ulcer-prone. Such are the fruits of equality. The ulcer personality came, most likely, from a family which stifled personal expression. He or she turned into a "pleaser," to gain full acceptance and approval of parents.

How can you tell if you've got an ulcer? Here are a few signs: abdominal pains on a regular basis, one half-hour to two hours after eating, pain after eating spicy foods, smoking or drinking coffee or alcohol.

If you are suffering from stress or think you are developing an ulcer, you should get professional care immediately.

The ulcer-prone personality must realize that it's impossible to be liked by all of the people all of the time. The ulcer personality *must learn to say "NO,"* just as he must learn to relax.

Experts suggest starting slowly, gradually building up to a point where the person can say "no" in a tense, uncomfortable situation. Once learned, you will eventually be able to confront others when displeased instead of "eating yourself up alive."



REALTORS

CITRUS HEIGHTS OFFICE
6026 San Juan Avenue
Citrus Heights, CA 95610

BOB McCrARY
REALTOR ASSOCIATE*

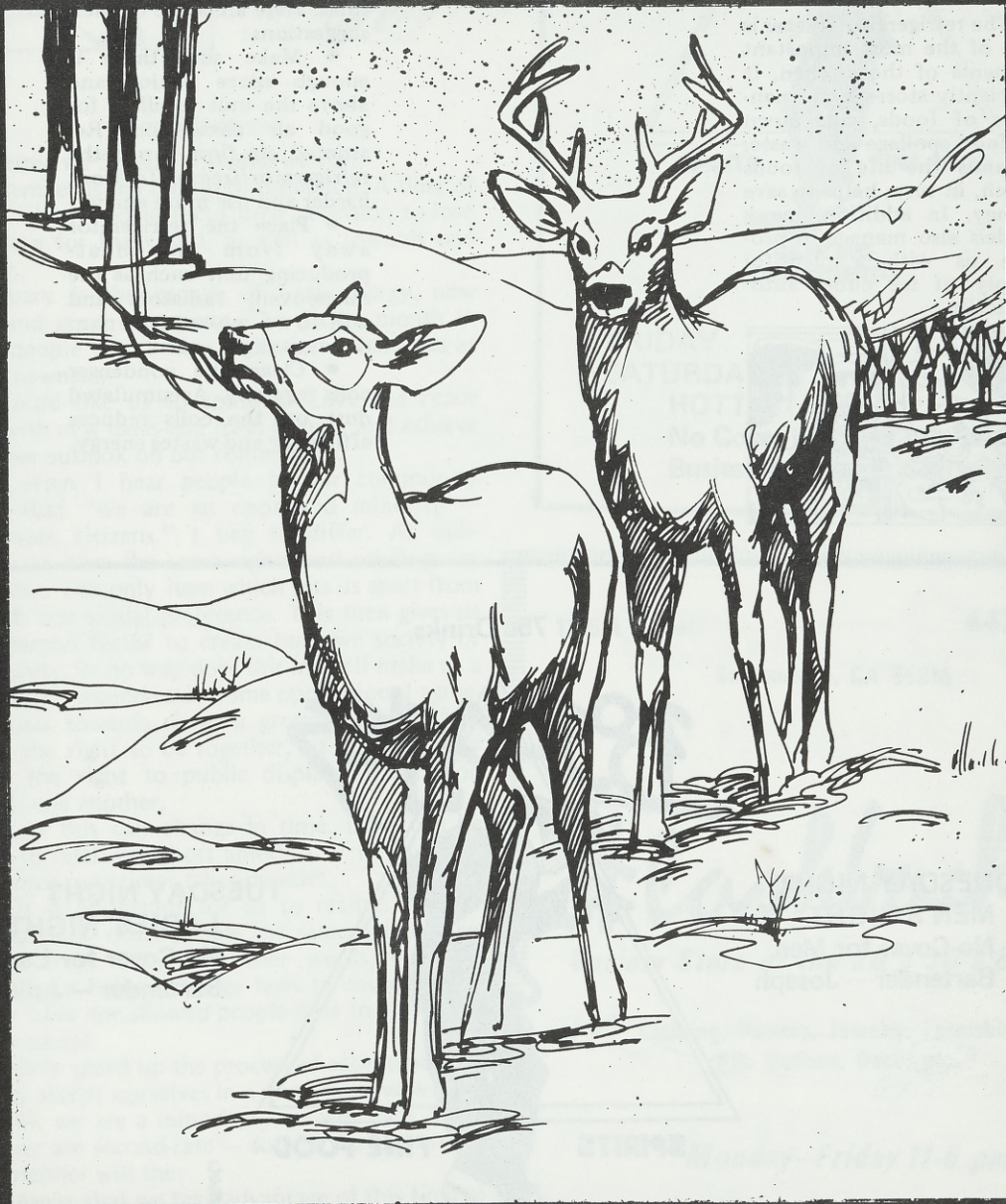
Res: (916) 989-3101

Bus: (916) 969-4818



"Genius is mainly an affair of energy." Matthew Arnold

Happy Holidays



The Rambler Staff

ENERGY SAVING WAYS!

With Refrigerator/Freezers

The refrigerator/freezer is one of the most important elements of the kitchen. It efficiently stores large quantities of foods, cuts down on food spoilage and waste, expands the life of foods which, in turn, helps to save money. In addition, many models also manage to provide us with a plentiful supply of ice cubes automatically.



That's a mighty big job—and it does take energy to accomplish it. However, according to home economists from Whirlpool Corporation, energy costs can be reduced by following a few simple rules. Here are some of their suggestions:

- Make sure there is enough space behind and above the unit to allow for good air circulation. Restricted air flow forces the refrigerator/freezer to work harder and use more energy.

- Place the refrigerator away from any heat-producing unit such as the range/oven, radiators and windows where intense, direct sunlight enters.

- Clean the condenser coils regularly. Accumulated dust on the coils reduces efficiency and wastes energy.

75c Drinks

BOJANGLE'S



**WEDNESDAY NIGHT
MEN'S NIGHT**
No Cover for Men
Bartender — Joseph

**TUESDAY NIGHT
LADIES' NIGHT**
No Cover for Ladies
Bartender — Julie

**DANCING
SACRAMENTO**

BOJANGLE'S



*Hear
Ye!*

by: Moddette

"United we Stand — Divided we Fall!"

December is the month of reflection. A time of year in which people focus their attention to love and peace for the world, as well as towards one another.

January is the month of fresh energy, new ideas, and good intentions. This is the month in which people direct their attention to changes as well as newness.

I would like us to combine Love and Peace along with new ideas and fresh energy, and achieve a positive outlook on our community.

So often I hear people in our community saying that "we are an oppressed minority — second-rate citizens." I beg to differ. As individuals we have the same rights and privileges as any other. The only item which sets us apart from others is our sexual preference. This then gives us the common factor to create our own society or community. In no way does this in itself make us a minority or second-rate. Some oppression, I agree, still exists towards us as a group. We are often denied the right to be together, we are definitely denied the right to public display of affection towards one another.

All of this can change in time. Laws can be passed in relatively short amounts of time. Social acceptance sometimes takes decades.

It is important for us to realize that we need to allow other people the same rights as we demand from them. In other words, we as a society have helped change laws to ensure rights, but we have not allowed people *time* to digest and learn to accept.

To help speed up the process of acceptance, we need to accept ourselves in a more positive way. If we think we are a minority — so will they. If we think we are second-rate — so will they. If we do not — neither will they.

I suggest that we take advantage of this time of the year and reflect on how far we've come as a community, and focus our attention in a more positive direction for the future.

* * *



**FRIDAY
SATURDAY
HOTTEST DISCO
No Cover before 9:00 P.M.
Busiest Gay Bar in Sacramento**

1729 L Street

443-1770

Sacramento, CA 95814

Flashback

Variety Store of the 20's 30's & 40's

VINTAGE Clothing, Pottery, Jewelry, Furnishings,
Art, Notions, Deco, etc.

Monday--Friday 11-6 pm



NEWS OF HEALTH

NEW DRUG AIDS WAR AGAINST DEPRESSION

During the Vietnamese War, 50,000 Americans were killed in a 7-year period. Each year, 28,000 Americans kill themselves by suicide and most suicide is caused by depression.

These 28,000 deaths each year amount to a war against ourselves, a tragic loss of productive and creative Americans.

Since depression is a treatable disease, most of these deaths are not only tragic but they can be prevented. Of the 18 million Americans who experience bouts of depression each year, 400,000 are helped by antidepressant drug therapy.

Tricyclic antidepressants, the drugs of choice when drug therapy is indicated, cause undesirable side effects like dry mouth, constipation, blurred vision, drowsiness and loss of sexual drive.

A group of second generation antidepressants are now being developed which

cause fewer side effects and have a faster onset of therapeutic action. The latter characteristic is particularly important to individuals suffering from depression, because the delayed action deepens the depression since the drug is perceived as "not working."

Ludiomil (maprotiline hydrochloride) is the first of the new second generation tetracyclic drugs. Controlled studies in the U.S. and abroad confirm that the new antidepressant is as effective as the tricyclics, but causes fewer side effects and has shown an onset of action in some patients within the first week of therapy. Most tricyclics take two weeks to be therapeutic.



The tulip originated in Central Asia and gets its name from the Turkish word for turban.

The River City Business Association

Annual Christmas Party

will be held Thursday, December 17, 1981
beginning at 7:00 p.m. at

THE PARKING LOT

Members, Associates, Friends and their Guests
are Cordially Invited to Attend



A LIFT FOR LEFTOVERS

You can turn leftover chicken into a gourmet meal. All it takes is a little time, some wine in the form of dry vermouth, spices and that versatile grain: rice.

One of the nice things about rice is the way it can extend expensive foods. Then there's the economy of rice itself. The average cost of a half-cup serving of rice is only about four cents.

Rice comes in a variety of forms: regular, parboiled, pre-cooked and brown. Rice can be short, long or medium grain and the U.S. is known throughout the world for producing clean, uniform, high quality rice in all its forms.

In Chicken a la Creme, rice does a great job in turning diced chicken into a magnificent meal that can make you seem like the cream of the crop when it comes to cooking — and shopping!

CHICKEN A LA CREME

- 2 cups sliced green onions, including tops
- 2 tablespoons butter or margarine
- 2 tablespoons flour
- 1 can (4-oz.) sliced mushrooms, undrained
- 1 cup chicken broth
- 1/3 cup dry vermouth
- 1 cup sour cream
- 3 cups diced cooked chicken
- 1/3 cup chopped pimientos
- 1 teaspoon *each* salt and thyme
- 1/4 teaspoon ground black pepper
- 4 cups hot cooked rice

Cook onions in butter until tender but not brown. Blend in flour. Add mushrooms with liquid, chicken broth, vermouth and sour cream. Cook, stirring constantly, until thickened. Stir in chicken, pimientos and seasonings. Heat thoroughly. Serve with fluffy rice. Makes 8 servings.

* * *

THE FISH COMPANY

SPECIALISTS IN TROPICAL BIRDS AND FISH



OPEN
Daily 11:30 a.m.-7:30 p.m.
Sunday Noon-5 p.m.

3000 "O" St.
Sacramento, CA 95816
(916) 452-7241

* * *

BUTCH and NELLIE . . .

When Nellie heard that a local porno book store was featuring a Santa Claus (possibly a *RAMBLER* employee), curiosity got the best of her, so Nellie decided to pay a visit. On arriving, Nellie noticed a long line leading to a stage with a drawn curtain. On inquiry, Nellie found out that those in line were waiting to see Santa. A spot check of the patronage revealed several *RAMBLER* employees in the line. Rafael and Mod were camping it up, the sports editor was reading a paper back, trying to act discreet, and Shawn had a harness in his hand.

Suddenly the curtain opened, revealing Butch sitting on Santa's lap. A lump (not in his throat) and an ear to ear grin were noticeable. Obviously Butch's meeting with Santa proved fruitful.

Nellie decided to inspect some of the hardware in the showcase for a possible Christmas purchase. There were varying sizes and shapes, some cordless, and one in particular revealed two heads! The clerk informed Nellie that the latter was most appropriate for tandem riding. Nellie showed a decided interest, and with tongue in cheek asked the clerk if there was a fitting room. As an aside, Nellie informed the clerk that gift wrapping was not necessary. "I've decided to wear the article home."

By the way, rumor has it that the *RAMBLER* bookkeeper was Santa Claus.



ints For Homeowners

HOME IMPROVEMENT, SAFETY AND ECONOMY

WHAT'S IN A NAME?

Flogger, gimlet, mattock, gun, regular and Phillips-riffler, scorp and spanner. head screwdrivers and utility household shears.

If you know what even one of these is, you are unusually familiar with hand tools because none is ordinary. In the same order, they are a type of paint brush, borer, digger, file, knife and wrench! Each is a special design of a common-purpose tool, made to do a specific job easier and better.



The average homeowner is not likely to require such specialties. Our day-to-day needs—the "musts" for normal repair and maintenance—are more apt to be the basic toolbox items.

Cooper the Toolmaker suggests that the minimum home workshop include a steel measuring tape for maximum accuracy, adjustable wrench (the famous Crescent), adjustable pliers, a Nest of Saws and a Handyman's Home File Pak, an all-purpose hammer such as the Plumb Ultra-Lite, a soldering

For convenient one-stop shopping, many progressive hardware stores have installed a Cooper Tool Center—a wall panel of hand tools in an orderly display that makes it easy to find the ones you need for the job at hand. These are professional-quality tools, not to be confused with the bargain basement variety, offering lifetime-use economy. Once added to your toolbox, they'll be there in working order with normal care whenever needed.

If you need a hawk, catapunch or froe, ask your hardware man!

how tacky

CONTEMPORARY CARDS
AND GIFTS

2525 "J" St. Sacto, Ca.
443-1379

Season's
Greetings

From Kevin and the Gang
at

Mountain
Mike's
PIZZA®

422-7425

5651 Freeport Blvd.
Sacramento, CA 95822

ON A LIGHTER SIDE . . .

From *Playboy's* December 1981 issue:



GRAFFITO OF THE MONTH

Found written at the bottom of a stall door of a San Francisco men's room: **BEWARE OF GAY LIMBO DANCERS!**

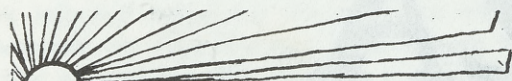
. . . and from the same issue:

WHADDAYA WANT IN A MAN?

So asked the *San Francisco Chronicle's* Question Man one day last summer. "Intellect," said one respondent. "Somebody who won't just sit there and let you do all the talking. I like someone who wants me as a person. Not just someone to take home to bed." Another admired the way a man dresses and carries himself. "His personality and his looks. I don't like it when they say 'Hi. Goodbye.' I prefer: 'Hi, let's go to dinner and see what happens.'"

"Honesty" was the prime requisite for the last Question Man subject. "I don't like games. If they're not into wanting a friendship or a relationship and just want sex, they should be straightforward about it. It's OK as long as they say that's it."

A good behavioral guide for picking up San Francisco women? Well, not exactly. Those offerings were views of what they want in a man were named Michael, Rob, Jimmer and Curtis.


NORTHERN LIGHTS
RECORDS & TAPES

2425 JAY ST
 SACTO CA 95816 - 441-4034

USED
 BOOKS

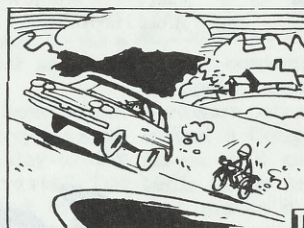
WE BUY AND SELL

NEWS

OF SAFETY

SHARING THE ROAD

Ever get annoyed when someone follows your car too closely? For a motorcyclist, without the security of an enclosed compartment, a tailgater can be downright scary.



The Motorcycle Safety Foundation recommends that you use a two-second following distance whatever vehicle you operate. Here's an easy way to determine if there are two seconds between you and the vehicle ahead.

Pick a reference point up ahead—a signpost or overpass will do.

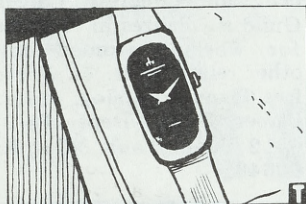
When the rear of the vehicle you are following passes the point, start counting off two seconds.

If you pass the reference point before two seconds are up, you're following too closely: drop back.

Using a two-second following distance is a good habit to learn. You will be able to see potential problems up ahead more easily and others will see you better.

Superlatives!

One of the most elegant watches ever designed is a delicate bangle watch that combines Swiss technology with French chic. This particular model is part of the Michel Herbelin line of French fashion watches. Herbelin watches are so unique that, in 1979, they were awarded the coveted design "Oscar" by the jewelers of France. Happily, this distinctive watch is now available in the United States, at fine jewelers.



The largest diamond ever cut is also one of the most elegant. It is the Star of Africa #1 and is in the British Royal sceptre. It has 74 facets and weighs over 530 metric carats.



It costs more to buy the average car today than it cost Christopher Columbus to equip and undertake three voyages to and from the New World.

NORTHERN IRELAND GAYS WIN FIGHT WITH BRITAIN

A five year battle by Northern Ireland gays was won Oct. 22 when the European Court ruled that Britain had denied the rights of homosexual men in Northern Ireland.

The 19 judges from all over Europe voted 15-4 that the fact that homosexual acts were still prohibited in Northern Ireland constituted "interference in private life." The case on which the decision was made was taken to the European Human Rights Commission in 1976 by Jeffrey Dudgeon after 10 members of the Northern Ireland Gay Rights Association had been arrested and warned that they might be prosecuted. Although the charges were dropped almost a year later, the commission ruled that this treatment was wrong and referred the matter to the European Court.

Gay rights groups in Great Britain are now hoping the court's ruling will force the British government to extend to Northern Ireland the 1967 law that lowers the age of consent to 21 for homosexual acts between men, despite what Dudgeon calls the "inevitable opposition from the Reverend Ian Paisley."

* * *



OMELETTES, CREPES
STACKED DELI SANDWICHES
FULL DINNER MENU, SALADS
SPECIAL ASSORTED TEAS
FULL LIQUOR
BANQUET FACILITIES

EGGERATE

485-8420

2525 Fair Oaks Blvd. — Sacramento

NEWS OF WOMEN

"A dynamite woman, exploding with energy, social commitment and leadership ability."

That's what Eleanor M. Josaitis, associate director



Eleanor M. Josaitis, Career Guild Woman of the Year.

and co-founder of "Focus: Hope," a civil and human rights organization in Detroit, has been called.

Josaitis is the first recipient of the Career Guild Woman of the Year award, presented in January, 1981 in Evanston, Ill.

James G. Davis, president of Aparacor, parent company of Career Guild, in presenting the award to Josaitis, said that in his company's search for the first Woman of the Year they "wanted to provide a forum where women could learn what others throughout the country are thinking and doing. Eleanor Josaitis is an impressive role model for women everywhere."

Career Guild, a fashion leader in the direct marketing industry, has a membership which includes over 400,000 working women.

To honor Josaitis, Career Guild will establish a \$1,000 scholarship in her name at the college of her choice. Josaitis named Marygrove College as the recipient. The scholarship will be desig-

nated for a female student on the basis of academic achievement and need. Career Guild will also contribute \$500 to a charitable organization specified by Josaitis.

Focus: Hope's Food Prescription Program distributes food to 38,000 low income and undernourished mothers, pregnant women, babies and pre-school children in Detroit each month. The food, made available by the U.S. Dept. of Agriculture, is distributed according to the family's need.

Josaitis, the mother of five, has been appointed to the Agriculture Dept.'s Advisory Council on Maternal, Infant and Fetal Nutrition, which reports to the President and Congress. Career Guild specializes in fashions for working women and other related services. For a free Planner/Catalog, write: Career Guild, Dept. PS-2, 6412 Vapor Lane, Niles, Il. 60648.

CINDY JANNON INSURANCE



An agent who works with you!!!

Auto — Homeowners — Renters*

Fire — Life — Special Events

Phone:

4-4-C-I-N-D-Y

*Room-mates insured on same policy

Broadway Ltd.

A COCKTAIL BAR



SUNDAY BRUNCH — 11—3:00 P.M.

1946 BROADWAY

SACTO

"Our prices won't railroad your pocketbook"

731-89226

W Hook

gee whizz

The INCREDIBLE EDIBLE

gee whizz

Restaurant

HOURS

6:30 A.M. to 10:00 P.M.

7 Days a Week

456-9120

INCREDIBLE SPECIALS NIGHTLY



OF SACRAMENTO

Breakfast — Lunch — Dinner — Snacks

1401 Alhambra Blvd.

Sacramento